

WINNING WITH THE HAND YOU'RE DEALT

Creating A Positive ID – Part 2

February 1, 2026

Psalm 139:14a (NLT) *"Thank You for making me so wonderfully complex!"*

Ecclesiastes 7:18 (MSG) *"It's best to stay in touch with both sides of an issue. A person who fears God deals responsibly with all of reality, not just a piece of it."*

Factors That Influence Your Identity

- Your Chemistry
- Your Connections
- Your Circumstances
- Your Consciousness
- Your Choices

**As a human being made in the image of God,
you have the choice to choose.**

FIVE WINNING CHOICES

1. Choose to get healthier.

Psalm 119:73 (NLT) *"You made me; You created me. Now give me the sense to follow Your commands."*

2. Choose to deepen relationships.

The fear of rejection prevents connection.

1 John 4:18 (NIV) *"There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love."*

**Love is not thinking less of yourself.
It is thinking of yourself less.**

1 Corinthians 14:1a (NLT) *"Let love be your highest goal."*

Ephesians 3:17 (NCV) *"I pray that Christ will live in your hearts by faith and that your life will be strong in love and be built on love."*

3. Choose to trust God no matter what happens.

Romans 8:27a-28 (MSG) *"He knows us far better than we know ourselves...²⁸ That's why we can be so sure that every detail in our lives of love for God is worked into something good."*

Romans 8:29a (MSG) *"God knew what He was doing from the very beginning. He decided from the outset to shape the lives of those who love Him along the same lines as the life of His Son."*

Psalm 34:1a (TLB) *"I will praise the Lord no matter what happens."*

**You are a product of your past...
but you are not a prisoner of it.**

4. Choose what you think about.

Proverbs 4:23 (NCV) *"Be careful what you think, because your thoughts run your life."*

**Every time you think a thought it creates
an electrical current across your brain.**

Romans 12:2a (NLT) *"Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think."*

Philippians 4:8 (NLT) *"And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise."*

**Don't blame anybody else for your unhappiness.
You're as happy as you choose to think.**

5. Choose Jesus as your Savior.

2 Corinthians 5:17 (NLT) *"This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!"*

**You get to choose how much God will bless your life.
And it is never too late to start over.**